



Yoga Satsang Ashram, Wales, UK www.ashram.yogasatsanga.org

Terms and conditions Yoga teacher Training

- A non-refundable deposit is payable on application.
- In the event we decline your application, or if we don't run the course, your deposit will be refunded.
- All course fees are to be paid before the start of your course.
- In the event of an agreed payment plan you must agree to complete all the payments (even if you drop out, unless with exceptional circumstances in which case a fair settlement figure should be agreed of a minimum of a month instalment on top of the month in which the student withdrew).
- Once you have paid for your course in full, no refunds are available
- If student drops out mid-way due to unavoidable/unforeseen circumstances a place will be given on the next course with a discount of the amount already paid taken into consideration. The course fees may rise annually however.
- Attendance should be 90% +
- If there are attendance issues time should be made up with the course tutors and subject areas by repeating these modules with another group if spaces are available to do this. This may result in later certification.
- Final Assessments will take place periodically or more and the student will need to arrange to attend the next available assessment slot.
- Students must take part in all ashram activities as part of the learning within an ashram/authentic yoga ashram/ school setting.
- Yoga Satsanga Ashram holds all rights to change the schedule and course structure or course contents according to the needs and level of students.
- Your contact details will be shared with our accrediting organisation (YAP or BWY) as part of our registration.



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Regarding Certification:

A failing student:

A failing student will have to repeat the final assessment until they reach an acceptable level of competency

If a student is not meeting the required standards the tutor can provide agreed extra 1:1 consultation or additional attendance to other courses running to repeat the modules within reason to go over the course material and practice asana, pranayama or discuss the theoretical aspects. An additional fee for this time **would** apply. A time/venue will be mutually arranged. If the student standard does not improve they will have the opportunity to repeat the course at the current course price, or have the option of accepting a foundation level certificate.

Teacher training certification:

Students will undergo an intensive assessment period of teaching over a final weekend these will be assessed and evaluated by a course tutor and if available on occasions an external assessor may be invited to give additional feedback. The student will also be asked to prepare a presentation on one aspect of yogic theory, which will be evaluated, by the course tutor and an external assessor (if available).

In order to receive the teaching certificate from Yoga Satsanga Ashram, the student will need to demonstrate they have inculcated the asanas and pranayamas to standard whereby they can teach with confidence from their own experience of the practice.

As well as the final assessment students will have already lead/taught small sections of hatha yoga, mantra chanting or bhajan singing etc in an informal way throughout the course.



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- Students will put together several class plans and lead a class from beginning to end to include jattis, kriyas, asanas (from one specific asana series) pranayama and a relaxation technique.
- Students will present their class plan; how and why they chose that particular structure.
- Students will need to have demonstrated a yogic attitude through their conduct over the course, their homework and yogic attitude encompassing the yamas and niyamas specifically.
- Students as part of the course work will have completed monthly homework, which comprises of hatha yoga practice, pranayama and relaxation techniques.
- Students will complete homework regarding their understanding yogic theory and reflective journals.
- Students will present case studies that they have taught classes to and the case study will give feedback in writing to the course tutors.
- Students will demonstrate an understanding of basic concepts of Yoga through a written examination.
- An informal interview or meeting.
- Students will be examined throughout the course and finally at the end of the course there will be a structured Assessment weekend where they will demonstrate competence in the above points.

Last updated May 2018.