



## **Yoga Satsanga Ashram – Commitment to Equality**

Yoga Satsang Ashram recognises the value of physical and spiritual activity and the important role it plays in enhancing the quality of life. Our aims are to encourage and help all persons to a greater knowledge and understanding of all aspects of Yoga and its practice by provision of study, education and training, to maintain and improve the standard of teaching of yoga and to co-operate with and support other organisations having similar aims. We are committed to ensuring that opportunities are accessible to all those who wish to participate in Yoga.

We firmly believe that everyone should have the opportunity to participate in Yoga activity regardless of their age, gender, disability, race, ethnic origin, nationality, colour, parental or marital status, religious belief, class or social background, sexual orientation or political belief.

We are committed to working in partnership to ensure that there is equal access and choice for everyone wishing to be involved in Yoga activity, whether as a participant or as a volunteer. We acknowledge that inequalities exist and will take positive action to minimise them.