



Yoga Satsang Ashram, Wales, UK www.ashram.yogasatsang.org

General Statement

Health and Safety at Work etc. Act 1974
This is the Health and Safety Policy Statement of
YOGA SATSANGA ASHRAM

Our statement of general policy is:

- To provide adequate control of the health and safety risks arising from our work activities;
- To consult with our employees on matters affecting their health and safety;
- To provide and maintain safe plant and equipment;
- To ensure safe handling and use of substances;
- To provide information, instruction and supervision for employees;
- To ensure all employees are competent to do their tasks and to give them adequate training;
- To prevent accidents and cases of work-related ill health;
- To maintain safe and healthy working conditions; and to review and revise this policy as necessary at regular intervals.

Responsibilities



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1. Overall and final responsibility for health and safety is that of Surender saini, Director at YOGA SATSANGA ASHRAM
2. Day-to-day responsibility for ensuring this policy is put into practice is delegated to Sally Saini
3. To ensure health and safety standards are maintained and improved, the following people have responsibility in the following areas:

Name	Responsibility
Sally Saini and Surender Saini	First Aiders (qualified)
Surender saini	Property safety and maintenance checks

4. All employees must:
 - Co-operate with supervisors and managers on health and safety matters;
 - Not interfere with anything provided to safeguard their health and safety;
 - Take reasonable care of their own health and safety; and
 - Report all health and safety concerns to an appropriate person.

Health and safety risks arising from work activities

- Risk assessments will be undertaken by Sally Saini - Senior Yoga Teacher



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- The findings of the risk assessments will be reported to Surender Saini - director
- Action required to remove/control risks will be approved by Surender Saini - director
- Surender Saini - director will be responsible for ensuring the action required is implemented.
- Surender Saini - director will check that the implemented actions have removed/reduced the risks.
- Assessments will be reviewed every year or when the work activity changes, whichever is soonest.

Accidents, first aid and work-related ill health

The first aid box is/are kept at yoga studio by sink.

The appointed person(s)/first aider(s) is/are Sally Saini.

All accidents and cases of work related ill-health are to be recorded in the accident book. The book is kept by/at [insert location] and [insert names/posts] is responsible for reporting accidents, diseases and dangerous occurrences to the enforcing authority.

Emergency Procedures - fire and evacuation

[Insert name/post] is responsible for ensuring the fire risk assessment is undertaken and implemented. Escape routes are checked by [who] every [frequency of checks]. Fire extinguishers are maintained and checked by [who] every [frequency]. Alarms are tested by [who] every [frequency]. Emergency evacuation procedures will be tested every [frequency].